

BAC to Pappas way LEFT on Pappas way
LEFT on First St to Shore Ave (Lovers Lane)
Left on to castle island
Take outside path of island clockwise (by Sully's)
Go around the sugar bowl

LEFT Day Blvd

Water Stop at M st beach

Stay on Day Blvd to the harbor walk path slight LEFT just past Carson beach but before the Teachers union hall drive way

Follow the Harbor Walk Path to Morrissey Blvd
RIGHT on Morrissey Blvd

Water stop at BC high

Stay on Morrissey Blvd and go past Santander back back up to Day Blvd

From here its just back the way we came
Day Blvd

Around the sugar bowl and Castle Island

Shore ave to first st to Summer st to Pappas way to BAC