

L Street Running Club Membership Application



New Member Application Fee – Individual \$55 // Family \$65

Renewal Fee Application Fee – Individual \$35 // Family \$45

(To qualify for renewal, we must receive your application by the end of January)

Last Name: _____ First Name: _____ Male: ___ Female: ___

Street: _____ Unit #: _____ City: _____ State: _____ Zip: _____

Phone Number: _____ E-mail Address: _____ Referred to LSRC by: _____

Family Membership: List names of family members to be included in the family plan
(Domestic Partner and Children 18 years old or younger living at the same address)

Name: _____ Age: _____ Name: _____ Age: _____

LSRC Waivers

Waiver #1: L Street Running Club (LSRC) is open to all persons and abilities with an interest in running. I understand and agree to the waivers and release. I understand by becoming a member of the L Street Running Club (LSRC) I will be unable to run in the club's annual charity race, the Jim Kane Sugar Bowl 5k. Instead, I will be asked to volunteer to work the race, along with other club members.

Waiver #2: As an LSRC member, I agree to maintain The Spirit of L Street (a Member Standard of Excellence) which includes the following standards: a) I will conduct myself as an LSRC Ambassador by being respectful to all other LSRC members on the Forum and Facebook, during organized workouts, at social events, and at races. b) Honor LSRC by actively promoting Club activities and members via social media, including Facebook and Twitter. c) Contact the Board of Directors in the event I need assistance in resolving issues among Club members. The issue will be reviewed by the Board with a recommendation for action. d) Welcome new members to LSRC, and make introductions to others. e) Appreciate the different experiences, abilities, and skills of other LSRC members.

Waiver #3: In consideration of you accepting this entry, I, the participant, intending to be legally bound and hereby waive or release any and all rights and claims for damages or injuries that I may have against L Street Running Club, and all of their agents assisting with the club, sponsors and their representatives for any and all injuries to me or my personal property. This release includes all injuries and/or damages suffered by me before, during or after the group runs or club events. I recognize, intend and understand that this release is binding on my heirs, executors, administrators, or assignees. I also authorize the use of photographs or videos that include my image for promotional, informational, or other reasons deemed to be in the best interest of the event. I certify as a material condition to my being permitted to enter group runs and club events that I am physically fit and sufficiently trained for the completion of said event and that my physical condition has been verified by a licensed Medical Doctor. By submitting this entry, I acknowledge (or a parent or adult guardian for all children under 18 years acknowledges) having read and agree to the Waiver and Release.

Signature: _____ Date: _____

Make checks payable to: L Street Running Club Mail to LSRC PO Box 445 S. Boston, MA. 02127

We accept Venmo @LSTREETRUNNING

L Street Running Club Membership Questions? Email: Molly Maguire at mollyleighm@gmail.com