LSRC

L Street Running Club Course outline for

Charlestown Navy Yard

Distance 10.0 miles

up M st. to 1st St/ LEFT on 1st (.6mi)

RIGHT on Summer St (.7mi)

Summer St to Drydock ave

RIGHT on Drydock Ave (1.2mi)

LEFT on Harbor St. (1.3mi)/ LEFT on Northern Ave (1.45mi) (turns into Seaport Blvd)

OVER Evelyn Moakley Bridge

RIGHT on Atlantic Ave (2.5mi)

RIGHT on Commercial at Columbus Park (2.9mi) to Skating Rink

Water stop #1 Skating Rink @ 3.6 miles

RIGHT onto Charlestown Bridge (3.8mi)

RIGHT on Chelsea St. (4.1 mi) / RIGHT on @ Warren St. (4.2mi)

LEFT onto Charlestown Bridge (3.8mi)

1st Ave to 16th St. / LEFT on 16th St. **(4.95mi)**

LEFT on 3rd Ave. (5.0mi) / LEFT on 13th St. (5.1mi) / RIGHT on 1st Ave. (5.15 mi)

Continue onto Constitution Rd. / RIGHT on Warren St. (5.75mi)

LEFT on Chelsea St. (5.8mi) / Left on Charlestown Bridge

LEFT on Commercial St.

Water stop #2 Skating Rink @ 6.2 miles

Continue on Commercial St to Atlantic Avenue

OVER Evelyn Moakley Bridge

Right on Harbor St. (8.6 mi) to Drydock ave / LEFT on Drydock Ave (8.75mi)

LEFT on Summer St. (8.8mi) / LEFT 1st St. (9.3mi)

RIGHT on M St (9.4mi) to L St. entrance for 10 Miles

For 7.4 Miles

Go out to water stop via Summer St. (same as above)

Water Stop # 1 3.6 miles

Return on Northern Ave (same as above) for 7.4 miles