

LSRC

L Street Running Club
Course outline for
Arsenal Street Bridge
Distance approximately
20.0 miles

Day Blvd.
LEFT on M St.
LEFT on East 1st St. **(0.6mi)**
RIGHT on Summer St. **(0.7mi)**
RIGHT on Drydock Ave. **(1.2mi)**
LEFT on Harbor St. **(1.3mi)**
LEFT on Northern Ave., which turns into Seaport Blvd. **(1.45mi)**
RIGHT on Atlantic Ave. **(2.5mi)**
Stay RIGHT Atlantic Ave. at Columbus Park, which turns into Commercial St. **(2.9mi)**
Water stop # 1 at Skating Rink @ about 3.6 miles

Continue on Commercial St. to Causeway St. past TD Garden
RIGHT after TD Garden to Red Auerbach Way**(4.1mi)**

Cross over Leverett Circle/ go by Museum of Science **(4.5mi)** to Cambridge side of the Charles
LEFT turn at Edwin H Land Blvd / follow Charles to B.U. Bridge
Water stop #2 on Memorial Drive at Ball Field just AFTER the bridge @ about 7.2 miles

Continue along Charles River
**** See below for turn offs for different distances ****
Water stop #3 on Arsenal Street Bridge @ about 10.75 miles

LEFT over the Arsenal Street Bridge and LEFT on Storrow Drive heading back to Boston
Water stop #4 at parking lot just before JFK Bridge (Harvard Square) @ about 12.5 miles

Continue along the Charles River Path to Esplanade Crossing
Over the Fiedler Footbridge on RIGHT
Water stop #5 at Fiedler Footbridge @ about 10.7miles

RIGHT on Arlington St. to Herald St.
RIGHT on Harrison Ave. **(17.4mi)**
LEFT on Traveler St. over Broadway Bridge **(17.5mi)**
Water stop #6 at Amrheins on West Broadway @ about 18.25 miles

Continue on West Broadway to East Broadway
RIGHT on M St. **(19.3mi)**
RIGHT on Day Blvd.
Finish at M St. Entrance **(19.8mi)**

For Different Mileage see below

all routes are approximate

11 miles: Take a LEFT on to the **Mass Ave Bridge** towards the Boston Side of the Charles and follow route to water stop # 5 at Fiedler Footbridge

12.60 miles: Take a LEFT on to the **B.U Bridge** towards the Boston Side of the Charles and follow route to water stop # 5 at Fiedler Footbridge

14.06 miles: Take a LEFT on to the **River Street Bridge** towards the Boston Side of the Charles and follow route to water stop # 5 at Fiedler Footbridge

14.49 miles: Take a LEFT on to the **Western Ave Bridge** towards the Boston Side of the Charles and follow route to water stop # 5 at Fiedler Footbridge

15.15 miles: Take a LEFT on to the **Weeks Bridge** towards the Boston Side of the Charles and follow route to water stop # 5 at Fiedler Footbridge

15.6 miles: Take a LEFT on to the **JFK Bridge** North Harvard St towards the Boston Side of the Charles and follow route to water stop # 5 at Fiedler Footbridge *look to your left and up a bit (away from Boston) for water stop #4 JFK Bridge (Harvard Square)*

17.7 miles: Take a LEFT on to the **Elliot Street Bridge** towards the Boston Side of the Charles and follow route to water stop # 4 JFK Bridge (Harvard Square) follow rest of route down the Boston side of the Charles