

Sunday's Run: Morrissey Blvd - Dunkin Donut Quincy

Approx. 10 Miles

Starting from South Boston Neighbor House *136 H St*

Run down H towards Columbia Rd. Take Left onto Columbia Rd. Turn Left on to I. Carefully Cross Road onto Day Blvd. Day Blvd to Morrissey Blvd to Freeport St. to Tenean Bach to Neponset Circle over the Neponset Bridge on to Quincy Shore Drive out to the Dunkin Donuts on the beach. Return the same as you went out

For 7.5 miles turn back at Tenean Beach and go back the same way you came