

LSRC

## L Street Running Club

Marina Bay to Milton  
15 miles  
Mileage is approximate

Take Victory Road out to E Squantum St RIGHT on E Squantum  
RIGHT Quincy Shore drive towards Boston  
Stay to the Right at the Ramp to the condos Just past the condos take the pedestrian ramp up to  
the bridge cross the bridge into Pope JP park

Follow the trail in the park closest to the river towards Milton  
Exit the park at Hallet st  
W S 1 at McKeon post ( outside)

Left on Neponset path  
Exit Neponset Path at Central Ave  
LEFT on Central Ave  
Quick RIGHT onto Eliot ST  
LEFT Blue Hill ave  
LEFT Brook RD

W S 2 Brook rd and Blue Hill PkWy  
LEFT on Adams st

W S 3 At church on Adams st

Take Adams St to Lower Mills  
Get back on the Neponset trail at the Milton trolley stop in lower Mills  
(before the chocolate factory look for the stairs down to the trolly tracks at the hardware store)

Neponset trail Back to McKeon Post  
W S 4 at McKeon Post

RIGHT into Park at Hallet st  
Outer most trail in Park  
Back across Neponset River Bridge

When Back on the Quincy side of Bridge Take LEFT onto Commander Shea Blvd  
It's the First Lft after you go up the ramp to Quincy shore Drive

RIGHT on seaport Blvd  
LEFT on Victory Rd at rotary to 500 Victory Dr

**FOR 10 MILES TURN AROUND AT CENTRAL AVE ON NEPONSET PATH**

